



BUGLAS ISLA

CAFE

Buglas Isla is a neighborhood cafe from Dumaguete City, Negros Oriental that proudly serves breakfast, brunch, and Negrense favorites. We use sustainable practices to the best of our abilities.

Welcome to Buglas Isla Cafe!

Buglas Isla Pasig

Unit A4, Ground Floor,
The View Deck Arcovia City,
Pasig City
@f@buglasislacafencr
buglasarcovia@riesa.ph
Tel: (+63) 919 070 9900

Buglas Isla Dumaguete

Ground Floor EJ Blanco Drive, Piapi
Dumaguete City, Philippines
@f@buglasislacafe
buglasislacafe@riesa.ph
Tel: (+63) 917 500 3953

Buglas Isla Cala Laiya

Laiya Ibabao, San Juan
Batangas, Philippines
@f@calalaiya
reservations@calalaiya.ph
Tel: (+63) 917 883 9900

Buglas Isla Alabang

Westgate Center,
Filinvest City, Alabang,
Muntinlupa City
@f@bugslacafencr
buglaswestgate@riesa.ph
Tel: (+63) 954 352 4987



BUGLAS ISLA

CAFE

ALL DAY BREAKFAST

UBE PANDESAL	260
Freshly Baked Ube Pandesal, Served with Maple Butter and Coco Jam	
BUDBUD KABOG	130
Visayan Millet Cake Roll (4 pcs), Butter, Brown Sugar, Coconut Flakes and Crumbled Queso De Bola	
TROPICAL SMOOTHIE BOWL	350
Mango, Pineapple, Papaya, Coconut Milk, Kiwi, Coconut, Flax Seeds and Goji Berries	
FLUFFY JAPANESE SOUFFLE PANCAKES	300
Maple Syrup, Powdered Sugar and Maple Butter	
BELGIAN WAFFLE	370
Maple Syrup, Whipped Cream, Powdered Sugar, Fresh Fruits and Maple Butter	
DUMAGUETE DANGGIT	300
Crispy Danggit, Garlic Rice, Fried Egg, Spring Onions, Special Atchara and Spiced Native Vinegar	
DAING NA BANGUS	440
Crispy Milkfish, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Native Vinegar	
ANGUS BEEF TAPA	390
House Marinated Angus Beef, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Native Vinegar	
FRIED CHICKEN TOCINO	340
Sweet Tocino Glaze, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Native Vinegar	
EGGS BENEDICT	390
English Muffin, Filipino Country Ham, Soft Poached Eggs, Hash Brown Potatoes and Classic Hollandaise Sauce	
CHICKEN & WAFFLE	490
Crispy Fried Chicken, Belgian Waffle, Fried Egg, Sriracha Honey Butter and Hash Brown Potatoes	
ADOBO FRIED RICE	390
Chicken Adobo Leg, Shredded Adobo Flakes Fried Rice, Spring Onion and Fried Garlic Chips	
BURGER STEAK	470
US Angus Ground Beef Patty, Bistek - Mushroom Gravy, Fried Farm Egg and Steamed Rice	
ISLAND SMASHED BURGER	490
Angus Ground Beef Patty, Bacon, Caramelized Onion, Cheddar Cheese, Lettuce, Tomato, Special Sauce and Fries	

STARTERS AND SOUPS

LUMPIANG SHANGHAI	350
Ground Pork, Green Onion, Carrots, Onion, Celery and Sweet Chili Sauce	
ADOBONG PUSIT	410
Baby Squid in Soy-Vinegar Sauce and Squid Ink	
LUMPIANG SARIWA	360
Carrots, Jicama, Green Beans, Bean Sprouts, Garbanzo, Moringa Crepe, Fresh Garlic, Sweet Soy Glaze and Toasted Peanut	
ENSALADANG FILIPINO	430
Salted Red Eggs, Green Mango, Tomatoes, Red Onions, Cucumber and Shrimp Paste	
CHICKEN BINAKOL	490
Green Papaya, Young Coconut, Chili Leaves, Ginger and Lemongrass Broth	
BEEF KANSI	900
Beef Shank, Young Jackfruit, Batwan Broth, Annatto, Ginger and Lemongrass	

DUMAGUETE CHORIZO

ALL NATURAL INGREDIENTS. NO NITRATES. NO SUGAR

Your Choice of Chorizo, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Native Vinegar

GROUND PORK	340
SISIG	390
BACON	450
CORNED BEEF	490

TOCINO

In Dumaguete, we call our pork barbecue "Tocino."

All of our tocino items are marinated in house and slowly grilled over Binchotan charcoal-A Japanese oak charcoal that has been pressed over 2000 degrees of heat.

Binchotan charcoal is widely considered by chefs as the best charcoal in the world for being exceptionally long - burning, odorless and smokeless.

All served with hanging rice 'puso' and our secret sauces.

CHICKEN TAIL	PORK BELLY BBQ
CHICKEN LIVER	PORK MEAT BBQ
CHICKEN SKIN	PORK LONGANIZA
CHICKEN INTESTINES	LONGANIZA DE CEBU

COMBOS

I CAN EAT (CHOOSE ANY 4)	190
HUNGRY (CHOOSE ANY 5)	230
STARVING (1 OF EACH)	350
HANGRY (2 OF EACH)	600

The city of gentle people

#GetaTasteofDumaguete



BUGLAS ISLA

CAFE

FAVORITES

All served with steamed jasmine rice

LAING	390
Taro leaves, Coconut Milk, Chilis and Ginger	
PINAKBET	330
Crispy Pork, Squash, String Beans, Okra, Eggplant, Bittermelon and Shrimp Paste	
CHICKEN INASAL	430
Lemongrass and Annatto Marinated Chicken Leg, Special Atchara and Soy Sauce	
PANCIT CANTON	490
Shrimp, Lechon Kawali, Chicken, Organic Vegetables, Chicharon Bits and Pandesal	
BICOL EXPRESS	480
Crispy Pork Belly, Coconut Milk, Bagoong, String Beans and Chili Fingers	
BINAGOONGAN	520
Crispy Pork Belly, Shrimp Paste, Green Mango, Tomato and Eggplant	
LECHON KAWALI	490
Crispy Pork Belly, Soy, Calamansi, Liver Sauce and Special Atchara	
PORK LIEMPO	490
House Marinated, Filipino Tomato Salsa and Spiced Native Vinegar	
HUMBA SA GABI	550
Braised Pork Belly, Taro Root, Black Beans, Banana Blossom, Fried Banana and Humba Sauce	
HALABOS NA PASAYAN	620
Garlic - Butter Shrimp (250g) and Fried Garlic	
KARE KARE	710
Beef Shank Braised in Peanut Sauce, Native Vegetables and Shrimp Paste	
CRISPY PATA	990
Twice Fried Crispy Trotter, Soy - Calamansi and Liver Sauce	

BOARDS

Please allow 30 minutes notice. Good for 4

VISAYAN PAMAHAW	1,900
Dumaguete Chorizo, Longaniza De Cebu, Danggit, Eggplant Torta, Fried Egg, Garlic Rice, Blue Pea Rice, Fried Banana, Tomato - Cucumber Ensalada and Fresh Fruit Skewers	
FILIPINO FAVORITES	1,900
Beef Tapa, Daing na Bangus, Filipino Style Scrambled Egg, Macaroni Soup, Pancit Chopsuey, Pandesal, Garlic Rice, Tomato - Cucumber Ensalada and Fresh Fruit Skewers	
PRITCHON	2,300
Fried Lechon Belly Roll, Chicken Inasal, Longaniza de Cebu, Fried Danggit, Squid Inasal, Fish Tinola, Ensaladang Filipino, Annatto Fried Rice, Tomato, Salted Egg and Green Mango	

SPECIALS

Please allow 30 minutes notice. Good for 2

CRISPY WHOLE FISH	210 PER 100 GRAMS
Fried Catch of the Day, Carrots, Onion, Bell Pepper and Sweet Fire Sauce	
DUMAGUETE LECHON	210 PER 100 GRAMS (MIN. OF 300 GRAMS)
Served with Puso Rice, Atchara, Red Eggs and Traditional Sauces	
STEAK FRITES	1,900
USDA Prime Black Angus Beef Tenderloin (300g), Crispy French Fries, Melted Onions, Bearnaise Sauce and Sea Salt	
RIB EYE BISTEK TAGALOG	1,900
USDA Prime Black Angus Rib Eye (400g), Steak Fried Rice, Lots of Onions and Soy Calamansi Infusion	

PIZZA

All of our pizzas are hand stretched daily and served with our signature angry honey

MARGHERITA	390
Tomato, Cheese, Fresh Basil, Mozzarella and Parmesan	
PEPPERONI	430
Everyone's Favorite! Pepperoni, Cheese, Tomato Sauce and Dried Oregano	
4 CHEESE & GARLIC	430
Mozzarella, Cheddar, Gouda, Gorgonzola and Garlic Confit	
BUGLAS SIGNATURE	490
House Cheese Blend, Longganiza De Cebu, Dumaguete Chorizo, Bacon Bits, Pineapple, Green Onion and Stuffed Crust	

BIBINGKA

A Buglas Isla signature!

NATIVE	180
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Freshly Grated Coconut, Brown Sugar and Butter	
SPECIAL	220
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Butter, Leche Flan, Macapuno, Ube Halaya, Freshly Grated Coconut and Brown Sugar	

SWEETS

CHOCOLATE YEMA CAKE	220
TAHO CHEESECAKE	220
COFFEE CRUMB CAKE	220
DUMAGUETE SANSRIVAL CAKE	270
JUMBO TRIPLE NUT SILVANAS	270
PUTO MAYA AT SIKWATE	140
SHAKOY WITH COFFEE GANACHE	130
MAIS CON HIELO ESPESYAL	160
ICE CREAM (TWO SCOOPS)	190



BUGLAS ISLA

CAFE

DRINKS

REGULAR SODA	110
COKE, COKE LIGHT, COKE ZERO, ROYAL, SPRITE	
SAN MIGUEL	140
PALE PILSEN, SAN MIGUEL LIGHT	
ARNOLD PALMER ICED TEA (SIGNATURE DRINK)	180
HOMEMADE GINGER SODA	140
HOMEMADE POMELO SODA	190
HOMEMADE PEACH AND MANGO SODA	190
HOMEMADE CALAMANSI JUICE	140
MILO CHOCOLATE FRAPPE	190
ICED TEA SLUSH	160
MANGO SHAKE	220
ACAI BERRY SHAKE	270

COFFEE

	<u>HOT</u>	<u>ICED</u>
ESPRESSO	70	
DOUBLE ESPRESSO	110	
AMERICANO	110	120
CAPPUCINO	150	160
CAFE LATTE	150	160
CAFE MOCHA	150	160

HOT BREWS

DUMAGUETE SIKWATE	160
SIKWATE S'MORES	160
EARL GREY.....	100
ENGLISH BREAKFAST	100
GREEN TEA	100
GINGER-TURMERIC TEA	100

COLD BREW

ICE COLD BREW COFFEE	120
MINT MOJITO COLD BREW COFFEE	140
ROASTED COCONUT COFFEE	170

HOUSEWINE

	<u>GLASS</u>	<u>BOTTLE</u>
RED	350	1,450
WHITE	350	1,450

HOUSE PREMIUM

	<u>GLASS</u>	<u>BOTTLE</u>
MERLOT - ORTONESE SANGIOVESE	400	1,590
SAUVIGNON BLANC - VALDIVIESO 2018	400	1,590

BLUSH

	<u>BOTTLE</u>
VIGNETI DE VULTURE - ROSATO 2020, ITALY	1,690
LITTLE MISS ROSE 2020, COTEAUX D' AIX EN, PROVENCE, FRANCE	1,890
SANGRIA LOLEA ROSE NO. 5, SPAIN	2,090

All items are inclusive of 12% VAT and exclusive of 10% Service Charge

Welcome to Buglas Isla Cafe!

We are committed to providing an inclusive and welcoming environment for all our guests, including persons with disabilities (PWDs). To ensure that we can continue to offer our services to those who genuinely need them, we have implemented a policy to verify the authenticity of PWD IDs presented at our establishment.

Why is this important?

- Protecting True PWDs** - Our primary goal is to safeguard the rights and privileges of individuals with disabilities. By verifying PWD IDs, we ensure that the benefits and accommodations we offer are extended to those who truly qualify, allowing us to maintain the integrity of our services.
- Maintaining Fairness** - The misuse of PWD IDs not only undermines the privileges afforded to genuine PWDs but also impacts our ability to serve all guests. We believe in fairness for everyone, and it is vital that we uphold this principle in our operations.
- Business Impact** - Using fake or spurious PWD IDs can have significant repercussions for our business. It can lead to potential legal issues, damage our reputation, and ultimately affect our ability to provide quality service. We want to ensure that every guest has a positive experience, and that requires a system based on trust and authenticity.

How we verify?

When you present your PWD ID, our team will conduct a quick verification process to confirm its authenticity. Please understand that this is not meant to inconvenience you; rather, it is a necessary step to protect the interests of all our guests and maintain the high standards of service we pride ourselves on. We appreciate your understanding and cooperation in this matter.



BUGLAS ISLA

CAFE

DRINKS

REGULAR SODA	110
COKE, COKE LIGHT, COKE ZERO, ROYAL, SPRITE	
SAN MIGUEL	140
PALE PILSEN, SAN MIGUEL LIGHT	
ARNOLD PALMER ICED TEA (SIGNATURE DRINK)	180
HOMEMADE GINGER SODA	140
HOMEMADE POMELO SODA	190
HOMEMADE PEACH AND MANGO SODA	190
HOMEMADE CALAMANSI JUICE	140
MILO CHOCOLATE FRAPPE	190
ICED TEA SLUSH	160
MANGO SHAKE	220
ACAI BERRY SHAKE	270

COFFEE

	<u>HOT</u>	<u>ICED</u>
ESPRESSO	70	
DOUBLE ESPRESSO	110	
AMERICANO	110	120
CAPPUCINO	150	160
CAFE LATTE	150	160
CAFE MOCHA	150	160

HOT BREWS

DUMAGUETE SIKWATE	160
SIKWATE S'MORES	160
EARL GREY.....	100
ENGLISH BREAKFAST	100
GREEN TEA	100
GINGER-TURMERIC TEA	100

COLD BREW

ICE COLD BREW COFFEE	120
MINT MOJITO COLD BREW COFFEE	140
ROASTED COCONUT COFFEE	170

HOUSEWINE

	<u>GLASS</u>	<u>BOTTLE</u>
RED	350	1,450
WHITE	350	1,450

HOUSE PREMIUM

	<u>GLASS</u>	<u>BOTTLE</u>
MERLOT - ORTONESE SANGIOVESE	400	1,590
SAUVIGNON BLANC - VALDIVIESO 2018	400	1,590

BLUSH

	<u>BOTTLE</u>
VIGNETI DE VULTURE - ROSATO 2020, ITALY	1,690
LITTLE MISS ROSE 2020, COTEAUX D' AIX EN, PROVENCE, FRANCE	1,890
SANGRIA LOLEA ROSE NO. 5, SPAIN	2,090

The city of gentle people

#GetaTasteofDumaguete