



BUGLAS ISLA

CAFE

Buglas Isla is a neighborhood cafe from Dumaguete City, Negros Oriental that proudly serves breakfast, brunch, and Negrense favorites. We use sustainable practices to the best of our abilities.

Welcome to Buglas Isla Cafe!

Buglas Isla Pasig

Unit A4, Ground Floor,
The View Deck Arcovia City,
Pasig City
@f@buglasarcovia
buglasarcovia@riesa.ph
Tel: (+63) 919 070 9900

Buglas Isla Dumaguete

Ground Floor EJ Blanco Drive, Piapi
Dumaguete City, Philippines
@f@buglasislacafe
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Tel: (+63) 917 500 3953

Buglas Isla Cala Laiya

Laiya Ibabao, San Juan
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Tel: (+63) 917 883 9900

Buglas Isla Alabang

Westgate, Alabang
@f@buglasarcovia
Coming Soon



BUGLAS ISLA

CAFE

ALL DAY BREAKFAST

UBE PANDESAL	260
Freshly Baked Ube Pandesal, Served with Maple Butter and Coco Jam	
BUDBUD KABOG	120
Visayan Millet Cake Roll (4 pcs), Butter, Brown Sugar, Coconut Flakes and Crumbled Queso De Bola	
TROPICAL SMOOTHIE BOWL	350
Mango, Pineapple, Papaya, Coconut Milk, Kiwi, Coconut, Flax Seeds and Goji Berries	
FLUFFY JAPANESE SOUFFLE PANCAKES	290
Maple Syrup, Powdered Sugar and Maple Butter	
BELGIAN WAFFLE	370
Maple Syrup, Whipped Cream, Powdered Sugar, Fresh Fruits and Maple Butter	
DAING NA BANGUS	420
Crispy Milkfish, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
ANGUS BEEF TAPA	390
House Marinated Angus Beef, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
FRIED CHICKEN TOCINO	340
Sweet Tocino Glaze, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
EGGS BENEDICT	390
English Muffin, Filipino Country Ham, Soft Poached Eggs, Hash Brown Potatoes and Classic Hollandaise Sauce	
CHICKEN & WAFFLE	490
Crispy Fried Chicken, Belgian Waffle, Fried Egg, Sriracha Honey Butter and Hash Brown Potatoes	
ISLAND SMASHED BURGER	490
Angus Ground Beef Patty, Bacon, Caramelized Onion, Cheddar Cheese, Lettuce, Tomato, Special Sauce and Fries	
ADOBO FRIED RICE	390
Chicken Adobo Leg, Shredded Adobo Flakes Fried Rice, Spring Onion and Fried Garlic Chips	
BURGER STEAK	470
US Angus Ground Beef Patty, Bistek – Mushroom Gravy, Fried Farm Egg and Steamed Rice	

STARTERS AND SOUPS

LUMPIANG SHANGHAI	350
Ground Pork, Green Onion, Carrots, Onion, Celery and Sweet Chili Sauce	
ADOBONG PUSIT	390
Baby Squid in Soy-Vinegar Sauce and Squid Ink	
LUMPIANG SARIWA	340
Carrots, Jicama, Green Beans, Bean Sprouts, Garbanzo, Moringa Crepe, Fresh Garlic, Sweet Soy Glaze and Toasted Peanut	
ENSALADANG FILIPINO	420
Salted Duck Eggs, Green Mango, Tomatoes, Red Onions, Cucumber and Shrimp Paste	
CHICKEN BINAKOL	480
Green Papaya, Young Coconut, Chili Leaves, Ginger and Lemongrass Broth	
BEEF KANSI	890
Beef Shank, Young Jackfruit, Batwan Broth, Annatto, Ginger and Lemongrass	

DUMAGUETE CHORIZO

ALL NATURAL INGREDIENTS. NO NITRATES. NO SUGAR

Your Choice of Chorizo, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar

GROUND PORK	330
SISIG	380
BACON	430
CORNED BEEF	490

TOCINO

In Dumaguete, we call our pork barbecue "Tocino."

All of our tocino items are marinated in house and slowly grilled over Binchotan charcoal-A Japanese oak charcoal that has been pressed over 2000 degrees of heat.

Binchotan charcoal is widely considered by chefs as the best charcoal in the world for being exceptionally long – burning, odorless and smokeless.

All served with hanging rice 'puso' and our secret sauces.

CHICKEN TAIL	PORK BELLY BBQ
CHICKEN LIVER	PORK MEAT BBQ
CHICKEN SKIN	PORK LONGANIZA
CHICKEN INTESTINES	LONGANIZA DE CEBU

COMBOS

I CAN EAT (CHOOSE ANY 4)	180
HUNGRY (CHOOSE ANY 5)	220
STARVING (1 OF EACH)	320
HANGRY (2 OF EACH)	590

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FAVORITES

All served with steamed jasmine rice

LAING	390
Taro leaves, Coconut Milk, Chilis and Ginger	
PINAKBET	320
Crispy Pork, Squash, String Beans, Okra, Eggplant, Bittermelon and Shrimp Paste	
CHICKEN INASAL	420
Lemongrass and Annatto Marinated Chicken Leg, Special Atchara and Soy Sauce	
PANCIT CANTON	490
Shrimp, Lechon Kawali, Chicken, Organic Vegetables, Chicharon Bits and Pandesal	
BICOL EXPRESS	470
Crispy Pork Belly, Coconut Milk, Bagoong, String Beans and Chili Fingers	
BINAGOONGAN	520
Crispy Pork Belly, Shrimp Paste, Green Mango, Tomato and Eggplant	
LECHON KAWALI	490
Crispy Pork Belly, Soy, Calamansi, Liver Sauce and Special Atchara	
PORK LIEMPO	490
House Marinated, Filipino Tomato Salsa and Coconut Vinegar	
BEEF SALPICAO	990
Soy - Worcestershire USDA Beef Tenderloin, Fried Garlic Chips and Scallions	
HALABOS NA PASAYAN	620
Garlic - Butter Shrimp (250g) and Fried Garlic	
KARE KARE	690
Beef Shank Braised in Peanut Sauce, Native Vegetables and Shrimp Paste	
CRISPY PATA	990
Twice Fried Crispy Trotter, Soy - Calamansi and Liver Sauce	

BOARDS

Please allow 30 minutes notice. Good for 4

VISAYAN PAMAHAW	1,800
Dumaguete Chorizo, Longaniza De Cebu, Danggit, Eggplant Torta, Fried Egg, Garlic Rice, Blue Pea Rice, Fried Banana, Tomato - Cucumber Ensalada and Fresh Fruit Skewers	
FILIPINO FAVORITES	1,800
Beef Tapa, Daing na Bangus, Filipino Style Scrambled Egg, Macaroni Soup, Pancit Chopsuey, Pandesal, Garlic Rice, Tomato - Cucumber Ensalada and Fresh Fruit Skewers	
PRITCHON	2,100
Fried Lechon Belly Roll, Chicken Inasal, Longaniza de Cebu, Fried Danggit, Squid Inasal, Fish Tinola, Ensaladang Filipino, Annatto Fried Rice, Tomato, Salted Egg and Green Mango	

SPECIALS

Please allow 30 minutes notice. Good for 2

CRISPY WHOLE FISH	210 PER 100 GRAMS
Fried Catch of the Day, Carrots, Onion, Bell Pepper and Sweet Fire Sauce	
DUMAGUETE LECHON	190 PER 100 GRAMS (MIN. OF 300 GRAMS)
Served with Puso Rice, Atchara, Red Eggs and Traditional Sauces	
STEAK FRITES	1,800
USDA Prime Black Angus Beef Tenderloin (300g), Crispy French Fries, Melted Onions, Bearnaise Sauce and Sea Salt	
RIB EYE BISTEK TAGALOG	1,800
USDA Prime Black Angus Rib Eye (400g), Steak Fried Rice, Lots of Onions and Soy Calamansi Infusion	

PIZZA

All of our pizzas are hand stretched daily and served with our signature angry honey

MARGHERITA	390
Tomato, Cheese, Fresh Basil, Mozzarella and Parmesan	
PEPPERONI	430
Everyone's Favorite! Pepperoni, Cheese, Tomato Sauce and Dried Oregano	
4 CHEESE & GARLIC	430
Mozzarella, Cheddar, Gouda, Gorgonzola and Garlic Confit	
BUGLAS SIGNATURE	490
House Cheese Blend, Longganiza De Cebu, Dumaguete Chorizo, Bacon Bits, Pineapple, Green Onion and Stuffed Crust	

BIBINGKA

A Buglas Isla signature!

NATIVE	180
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Freshly Grated Coconut, Brown Sugar and Butter	
SPECIAL	220
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Leche Flan, Macapuno, Ube Halaya, Freshly Grated Coconut and Brown Sugar	

SWEETS

CHOCOLATE YEMA CAKE	210
TAHO CHEESECAKE	210
MANGO CHEESECAKE	240
DUMAGUETE SANSRIVAL CAKE	260
JUMBO TRIPLE NUT SILVANAS	260
PUTO MAYA AT SIKWATE	130
SHAKOY WITH COFFEE GANACHE	130
MAIS CON HIELO ESPESYAL	150
ICE CREAM (TWO SCOOPS)	190



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DRINKS

REGULAR SODA	110
COKE, COKE LIGHT, COKE ZERO, ROYAL, SPRITE	
SAN MIGUEL	140
PALE PILSEN, SAN MIGUEL LIGHT	
ARNOLD PALMER ICED TEA (SIGNATURE DRINK)	180
HOMEMADE GINGER SODA	130
HOMEMADE POMELO SODA	180
HOMEMADE PEACH AND MANGO SODA	180
HOMEMADE CALAMANSI JUICE	130
MILO CHOCOLATE FRAPPE	180
ICED TEA SLUSH	150
MANGO SHAKE	210
ACAI BERRY SHAKE	250

COFFEE

	<u>HOT</u>	<u>ICED</u>
ESPRESSO	70	
DOUBLE ESPRESSO	110	
AMERICANO	110	120
CAPPUCINO	150	150
CAFE LATTE	150	150
CAFE MOCHA	150	150

HOT BREWS

DUMAGUETE SIKWATE	150
SIKWATE S'MORES	150
EARL GREY.....	100
ENGLISH BREAKFAST	100
GREEN TEA	100
GINGER-TURMERIC TEA	100

COLD BREW

ICE COLD BREW COFFEE	120
MINT MOJITO COLD BREW COFFEE	140
ROASTED COCONUT COFFEE	170

HOUSEWINE

	<u>GLASS</u>	<u>BOTTLE</u>
RED	340	1,350
WHITE	340	1,350

HOUSE PREMIUM

	<u>GLASS</u>	<u>BOTTLE</u>
SAUVIGNON BLANC - VALDIVIESO 2018	390	1,490
MERLOT - ORTONESE SANGIOVESE	390	1,490

BLUSH

	<u>BOTTLE</u>
VIGNETI DE VULTURE - ROSATO	1,490
DOMAINE DE LA ROUVIERE ROSE	1,890
SANGRIA LOLEA ROSE NO 5	1,990

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